

Synchronized Skating Team Definitions

Requirements for each level of Synchronized Team Skating

Rules for each synchronized team level as per the [U.S. Figure Skating Rulebook](#), Rules 9400-9530. All ages are as of the preceding July 1 competitive season. All team requirements must be met by the close of entries for the qualifying season (October 1) and each nonqualifying competition registration date. All teams may have a maximum of four (4) alternates. The definitions below are for the 2023-2024 synchronized skating season. This document is pending until the conclusion of the 2023 Governing Council.

Aspire Synchro: A team of 5-20 skaters. Skaters must be 13 years and younger (Aspire 1), 16 years or younger (Aspire 2) or 17 years and younger (Aspire 3 and Aspire 4). No skaters may have passed higher than a pre-bronze test, depending on level. Please see the [Aspire Synchro page](#) for specific information related to each Aspire Synchro Level.

Special Olympics Unified Synchro: A team of 6-20 skaters where 50% can be Unified Sports Skaters. There are no age or test requirements.

Preliminary: A team of 8-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the preliminary skating skills test.

Pre-juvenile: A team of 8-20 skaters. All skaters must be 17 years and younger. All skaters must have passed the preliminary skating skills test.

Open juvenile: A team of 8-20 skaters. All skaters must be 19 years and younger. No test requirements.

Juvenile: A team of 12-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the bronze skating skills test.

Intermediate: A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the pre-silver skating skills test.

Novice: A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the silver skating skills test.

Junior*: A team of 12-16 skaters. All skaters must be between 13 years and 19 years. All skaters must have passed the pre-gold skating skills test.

Senior: A team of 16 skaters. All skaters must be at least 16 years old. All skaters must have passed the gold skating skills test.

Senior Elite 12: A team of 12 skaters. All skaters must be at least 16 years old. All skaters must have passed the gold skating skills test.

Collegiate: A team of 12-20 skaters. All skaters must be enrolled in a college or degree program as full-time students and have passed the bronze skating skills test.

Open Collegiate: A team of 8-20 skaters. All skaters must be enrolled in a college or degree program as full-time students. No test requirements.

Adult: A team of 12-20 skaters. All skaters must be 18 years or older. All skaters must have passed at least one of the following tests: preliminary skating skills test, adult bronze skating skills, preliminary figure or preliminary dance.

Open Adult: A team of 8-20 skaters. All skaters must be 18 years or older. No test requirements.

Masters: A team of 12-20 skaters. All skaters must be 25 years or older. No test requirements.

Open Masters: A team of 8-20 skaters. All skaters must be 25 years or older. No test requirements.

*Teams that are competing on behalf of Team USA and/or are in the International Selection Pool (ISP) must follow the ISU requirements for a junior team.

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