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**2018 REFLECTIONS SYNCHRO INVITATIONAL**  
**10TH ANNIVERSARY**  
**Hosted by CENTRAL PENNSYLVANIA FSC**  
**FEBRUARY 18-19, 2018**

The **REFLECTIONS SYNCHRO INVITATIONAL** will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted on the U.S. Figure Skating web site.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated, or readmitted persons, as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book regarding eligibility of non-U.S. Citizens.

This event is proud to participate in the EASTERN SECTIONAL Synchronized Skating Challenge Series. Participation in this series is open to all **Snowplow Sam Synchro**, Synchro Skills 1, 2, or 3 teams and preliminary, pre-juvenile, and open juvenile teams. Visit [www.usfigureskating.org](http://www.usfigureskating.org) for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

**ELIGIBILITY / TEST AND AGE REQUIREMENTS:** Skaters must meet the age requirements by the July 1<sup>st</sup> preceding this competition. This competition is not requiring that Moves in the Field test requirements be met, with the exception of the maximum allowed at the Learn to Skate USA level.

**ENTRIES:**

**DEADLINE FOR THE COMPETITION IS DECEMBER 1<sup>ST</sup>, 2017. TEAMS MUST ENTER THRU ENTRYEEZE WEBSITE. COST PER TEAM IS \$230 PER EVENT/PLUS \$20 PER SKATER. EXCEPT SYNCHRO SKILLS and SNOWPLOW SAM TEAMS- \$75 PER TEAM/PLUS \$5 PER SKATER.** Synchro Skills 1-3 and **Snowplow Sam Synchro** events should be run in accordance to the 2017-18 Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

For Synchro Skills 1-3, if a team fits into one level age-wise, but would like more of a challenge, they should be able to "skate-up" one level (for example, team has majority of skaters under 9 years old but would like to skate in the Synchro Skills 2, they should be allowed).

#### **REFUND POLICY:**

Entry fees will not be refunded after **DECEMBER 1<sup>ST</sup>, 2017** unless no competition exists or is canceled. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be assessed a **\$35** fee. Payment of the fee will be required before the team is allowed to participate in practice ice or events.

**FACILITIES:** The competition will be held at **THE GIANT CENTER, 550 HERSHEY PARK DRIVE ,HERSHEY-PA 17033 [www.giantcenter.com](http://www.giantcenter.com) ICE SURFACE 200X85**. The GIANT CENTER is a comfortable temperature for both skaters and spectators with ample seating. Dressing Rooms are well equipped, clean and convenient to the ice surface.

**MUSIC:** The official music **MUST** be downloaded via **ENTRYEEZE**. A copy/duplicate **CD** should be readily available in case of a computer malfunction. Please bring a CD to practice ice. All efforts will be made to have music downloaded before the first practice. CPFSC is not responsible for **CDs** left at the end of the competition. **PLEASE HAVE SEPARATE CD'S FOR PRACTICE AND COMPETITION. It is always a good idea to have at least 2 copies.**

**LIABILITY:** U.S. Figure Skating, CENTRAL PENNSYLVANIA FSC and THE GIANT CENTER accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

#### **JUDGING SYSTEM:**

The International Judging System (IJS) will be used for the following events:

- Juvenile
- Intermediate
- Novice
- Junior Short Program & Free Skate
- Senior Short Program & Free Skate
- Collegiate
- Adult

The majority 6.0 Judging System will be used for the following events:

- **Snowplow Sam Synchro**
- Synchro Skills 1-3
- Preliminary
- Pre-Juvenile
- Open Juvenile
- Masters
- Open Adult

- Open Masters
- Open Collegiate

All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be completed via their Member's Only profile at [www.usfsaonline.org](http://www.usfsaonline.org) at least 7 days before the start of the event.

**REGISTRATION:** Registration will begin **ON SUNDAY FEBRUARY 18<sup>TH</sup> @ 7:00 AM** and remain open until the conclusion of the event. The registration table will be located inside the main doors of THE GIANT CENTER. One team representative should register on behalf of the team, as soon as the team arrives at the competition. Coaches must register separately to receive their credential (see coaching requirements below).

**ADMISSION: EVERY TEAM WILL RECEIVE (1) credential per skater, (2) credentials for coaches, and (2) chaperone credentials. Adult admission cost \$15 -includes a program. Active Military with ID and Senior Citizens (60+) \$10/Children 8 years and under FREE. Parking is FREE for buses/\$9 per car.**

**PRACTICE ICE:** Practice Ice will be offered at THE GIANT CENTER on Sunday 2/18/18. Other area locations may be offered if needed. IJS TEAMS will have an OFFICIAL PRACTICE (COST \$90/12 MINUTES- Long program for Junior and Senior/Collegiate) Juvenile, Intermediate, Novice (\$80/10 Minutes) NON-IJS TEAMS (COST \$80/ 10 MINUTES) SNOWPLOW SAM AND SYNCHRO SKILL (COST \$40/5 MINUTES) IJS PRACTICE WILL TENTATIVELY BE SCHEDULED FOR SUNDAY EVENING. **PLEASE PAY FOR YOUR PRACTICE ICE REQUESTS VIA THE ENTRYEEZE WEBSITE WHEN REGISTERING YOUR TEAM**

**PHOTOGRAPHY / VIDEOGRAPHY:** ROGER KNIGHT PHOTOGRAPHY IS TENTATIVELY BOOKED FOR THIS EVENT.

**AWARDS: MEDALS** will be awarded for 1-4 placement of all events. Awards will take place on the Main Concourse, Section 116

**OFFICIAL NOTICES:** An official bulletin board will be maintained on the Main Concourse and at Ice Level near the dressing rooms. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. The official schedule of events will be posted no later than 14 calendar days prior to the commencement of the competition.

#### **INFORMATION REGARDING COACHES:**

To coach at a U.S. Figure Skating nonqualifying competition, a professional coach or choreographer must be:

- ✓ Declared by the skater or team in the registration process

- ✓ A current member in good standing with U.S. Figure Skating
- ✓ Completed an annual background screen
- ✓ Competed the CER SafeSport training course and any additional courses as required in MR 5.12
- ✓ Must submit proof of general liability insurance
- ✓ If coaches are ONLY coaching a Learn to Skate USA team, a Learn to Skate USA Instructor Membership, background check and instructor certification is sufficient.

A coaches' requirements chart can be found here:

<http://usfsa.org/content/Coach%20Requirements%20Chart.pdf>.

The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, a Coaches Registration card, proof of compliance, and a photo I.D. at check in. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.

**CONTACT INFORMATION:** [www.centralpennfsc.org](http://www.centralpennfsc.org) (go to Reflections)

Competition Chair:	Becky Hilgers	<a href="mailto:hersheyett@aol.com">hersheyett@aol.com</a>	717-319-8711
Chief Referee:	William Beharrell	<a href="mailto:wrbharrel@aol.com">wrbharrel@aol.com</a>	978-855-1444
Practice Ice:	Lori Tully	<a href="mailto:lori.tully@yahoo.com">lori.tully@yahoo.com</a>	717-545-3589

**ADDITIONAL INFORMATION:**

**HOTEL RESERVATIONS MAY BE BOOKED THRU TRAVELCHAMPS.COM/ 717-220-0592**  
**We appreciate you using the booking agent – it helps support our event.**

**FOR THE HERSHEY LODGE AND CONVENTION CENTER- ONLY- CALL MICHELE MAXWELL 717-534-8696 OR EMAIL HER : [mamaxwell@hersheys.com](mailto:mamaxwell@hersheys.com)**  
**The Lodge is the only property not in the booking package with Travel Champs.**

**EVENTS OFFERED:**

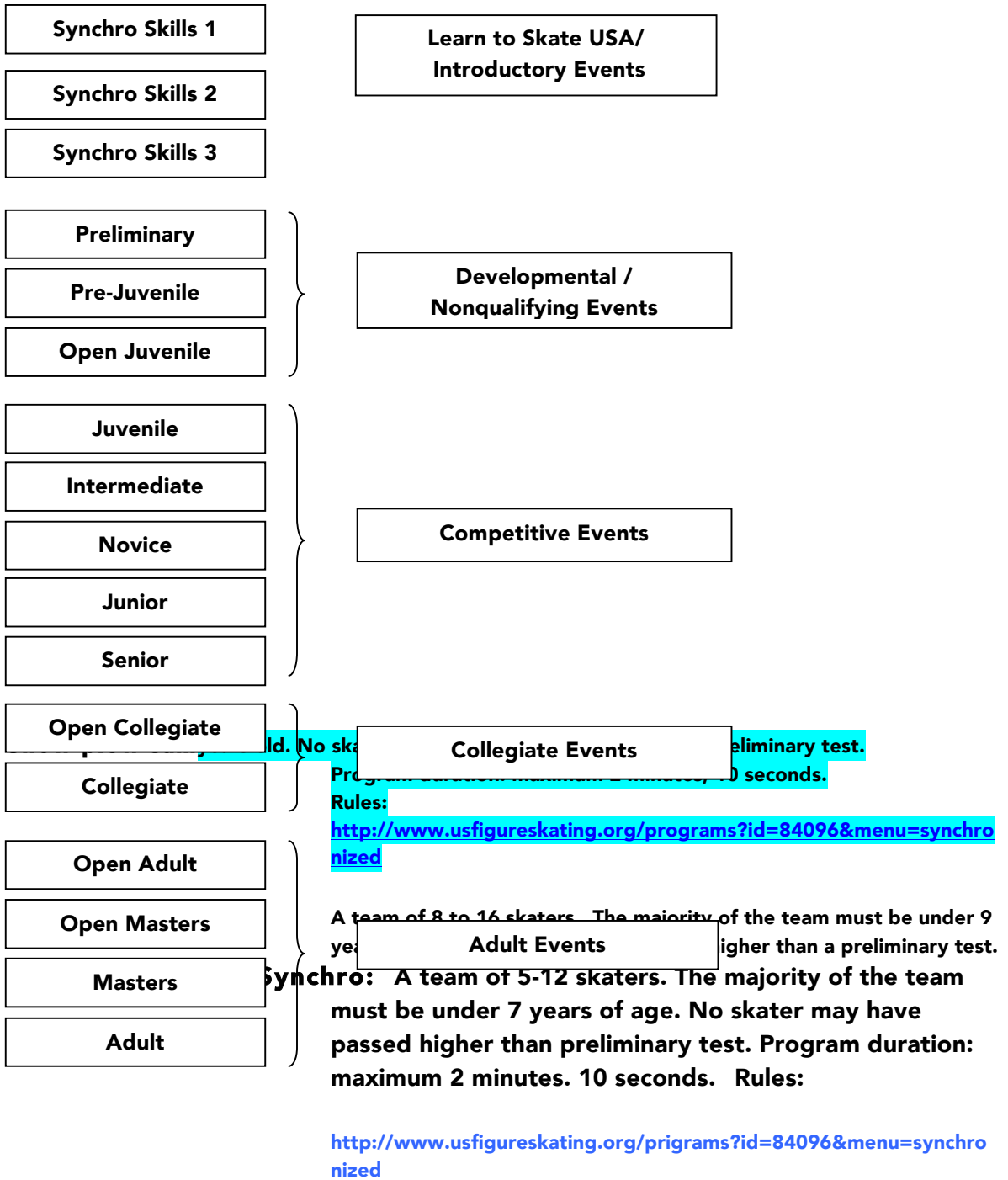
See the current rulebook/website for current rules and ISU communications.  
<http://www.usfigureskating.org/story?id=84114>)

Illustration of Synchronized Skating competitive pipeline and events; age restrictions, test requirements, and program duration are on the next page:

**Snowplow Sam Synchro**

*This event is a standard U.S. Figure Skating Synchronized Skating Nonqualifying Competition*





**B. Synchro Skill 1:**  
must be

A team of 8-16 skaters. The majority of the team

under 9. No skater may have passed higher than a preliminary test. Program duration: Maximum 2 minutes. 10 seconds.

**C. Synchro Skills 2:**

A team of 8 to 16 skaters. The majority of the team must be under 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

**D. Synchro Skills 3:**

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 40 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

**E. Preliminary:**

A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10.

Program duration: 2 minutes.

Well balanced program: Rule 7270

**F. Pre-Juvenile:**

A team of 8 to 16 skaters. The majority of the team must be under 12.

Program duration: 2 minutes, 15 seconds.

Well balanced program: Rule 7260

**G. Open Juvenile:**

A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.

Program duration: 2 ½ minutes.

Well balanced program: Rule 7250

**H. Juvenile:**

A team of 12 to 20 skaters. Skaters must be under 13 and have passed the preliminary-pre-juvenile moves in the field test.

Program duration: 3 minutes.

Well balanced program: Rule 7240

**I. Intermediate:**

A team of 12 to 20 skaters. Skaters must be under 18 and have passed the pre-juvenile-juvenile moves in the field test.

Program duration: 3 ½ minutes.

Well balanced program: Rule 7230

**J. Novice:**

A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17. All must have passed the juvenile-intermediate moves in the field test.

Program duration: 3 ½ minutes.

Well balanced program: Rule 7220

**K. Junior:**

A team of 12 to 16 skaters. Skaters must be at least 13 and under 19 on the preceding July 1. All skaters must have passed the intermediate-novice moves in the field test.

Short program duration: Maximum 2 minutes, 50 seconds

Free skate duration: 4 minutes.

Well balanced program and short program: Rule 7210

- L. Senior:** A team of 16 skaters. Skaters must be at least 15 on the preceding July 1 and have passed the novice junior moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 ½ minutes.  
Well balanced program and short program: Rule 7200
- M. Open Collegiate:** A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.  
Program duration: 3 minutes.  
Well balanced program: Rule 7290
- N. Collegiate:** A team of 12 to 20 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.  
Program duration: 4 minutes.  
Well balanced program: Rule 7280
- O. Open Adult:** A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 7520
- P. Open Masters:** A team of 8 to 16 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 7530
- Q. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.  
Program duration: 3 minutes.  
Well balanced program: Rule 7510
- R. Adult:** A team of 12 to 20 skaters. All skaters must be at least 21 with the exception that up to four team members may be 18, 19 or 20 years of age. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.  
Program duration: 3 minutes, 15 seconds.  
Well balanced program: Rule 7500

Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

#### **Crossover Rules:**

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 7200 – 7530, in addition to the statement above.

	Snowplow Sam Synchro, Synchro Skills 1, 2 or 3	Preliminary	Pre -Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Open Masters	Masters	Adult
Snowplow Sam Synchro, Synchro Skills 1, 2 or 3															
Preliminary															
Pre - Juvenile															
Open Juvenile															
Juvenile						X	X								
Intermediate					X		X	X	X						
Novice					X	X		X	X						
Junior						X	X		X		X				
Senior						X	X	X			X				X
Open Collegiate															
Collegiate								X	X						X
Open Adult															
Open Masters															
Masters															X
Adult									X		X			X	